

# Structure of Heart & Blood Vessels

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# Human Heart

- **Muscular pump**
- **Pumps → The blood into the blood vessels**
- **Supplies the blood → To the tissues of the body**

# Right side of the Heart

- **Supplies blood →**
- **To the *Lungs* →**
- ***For oxygenation***

# Left side of the Heart

- **Supplies oxygenated blood →**
- *To the tissues*

# **Anatomy & Structure of Heart**

- **Human heart weighs → 300 gm**
- **Covered by an**
- **Parietal Pericardium**
- **Visceral Pericardium**

# Parietal Pericardium

- **Outer → Fibrous pericardium**
- **Inner → Serous pericardium**
- **Pericardial Cavity → Space between 2 layers**

# Pericardial Fluid

- **Fluid in → Pericardial cavity**
- **Ensures smooth movement of heart**
- **Pericardial fluid → Acting as Lubricant**

# Applied Physiology

- **Pericardial effusion**
- **Some disease conditions**
- **Pericardial fluid increases in Volume**

# Cardiac Tamponade

- **Due to accumulation of large amount of fluid**
- **In pericardial cavity**
- **Massive bleeding due to injury to the heart**
- **Acute pericarditis**

# Cardiac Tamponade

- **Life threatening condition**
- **Due to**
- **Severe reduction in Cardiac output**

# 4 → Chambers of the Heart

- 2 → Atria
- 2 → Ventricles

# **2 → Atria & 2 → Ventricles**

- **2 Atria Separated by → Interatrial Septum**
- **2 Ventricles separated by → Interventricular septum**

# Right Atrium → Receives Blood

- Different tissues in the body
- Deoxygenated Blood
- Through
- Superior Venae cavae (SVC)
- Inferior Venae Cavae (IVC)

# **Left Atrium → Receives Blood**

- **From → Lungs**
- **Oxygenated blood**
- **Through**
- **Pulmonary Veins**

# Right Ventricle → Pumps Blood

- **Pulmonary circulation**
- **Through →**
- **Pulmonary Artery (Deoxygenated Blood)**

# Left Ventricle → Pumps Blood

- **Systemic Circulation**
- **Through →**
- **Aorta (Oxygenated blood)**

# Heart Valves

- 1. Atrioventricular (AV) valves**
- 2. Semilunar valves**

# Atrioventricular (AV) Valves

- **Present between**
- **The Atrium and Ventricle**
- **On both the sides (Right & Left)**
- **Together called Atrioventricular (AV) Valves**

# Atrioventricular (AV) Valves

- **Permits flow of blood**
- **From the Atrium To → Ventricle**

# Atrioventricular (AV) Valves

- **Prevent →**
- **The blood from flowing back**
- **In to the atrium from ventricles**

# Atrioventricular (AV) Valves

1. **Tricuspid valve**
2. **Bicuspid valve → Mitral Valve**

# Tricuspid valve (RA → RV)

- **3 Fibrous flaps or Cusps**
- **Opening between**
- **Right atrium and Right ventricle**
- **Guarded by it**

# **Bicuspid valve (LA → LV)**

- **2 Fibrous flaps or Cusps**
- **Opening between**
- **Left atrium and Left ventricle**
- **Guarded by it**

# Mitral valve (LA → LV)

- **Mitral valve**
- **Resembles**
- **The Bishop's headgear termed → Mitrae**

# Atrioventricular (AV) Valves

- **Opening and closing of the AV valves → Passive**
- **Depends →**
- **Pressure changes in Atrium and Ventricles**

# **Pressure → Increases → Atrium**

- **AV (Tricuspid & Mitral) valves pushed → Open**
- **Blood flows from**
- **Atrium → Ventricles**

# Contraction of Ventricles

- **Increases the → AV pressure**
- **Closes the AV (Tricuspid & Mitral) valves**

# Closure of AV valves

- Prevents → Backward flow of Blood
- From Ventricles → To Atrium

## **AV Valves → Held by Papillary Muscles**

- **Held in position by the → Papillary muscles**
- **Papillary muscles →**
- **Arising from → The walls of the ventricles**

# Chordae Tendinae

- Attached to → Free margins of AV valves
- With help of → Fibrous strands
- Fibrous strands → Chordae Tendinae

# Papillary Muscles → Function

- **Prevent**
- **Bulging of AV valves into the Atrium**
- **Do not help → Opening & Closing of the Valves**

# Semilunar Valves

- 1. Pulmonary Valve**
- 2. Aortic Valve**

# Semilunar Valves

- 1. Aortic Valve**
- 2. Pulmonary Valve**

# **Semilunar Valves → Termed**

- **Semilunar → Semi + Lunar**
- **Cusps have Half-moon shape**

# **Aortic Valve (LV → Aorta)**

- **Present between Aorta & Left Ventricle**
- **Regulate**
- **Blood flow from Left ventricles → Aorta**

# **Pulmonary Valve (RV → PA)**

- **Present between**
- **Pulmonary Artery → Right Ventricle**
- **Regulate**
- **Blood flow from Right ventricles → Pulmonary Artery**

# Heart Valves → When open

- Offer little resistance to flow of Blood
- Small difference in pressure →
- Large flow of Blood

# **In Disease → Heart Valves**

- **Narrowed & Not fully open**
- **Increased resistance to the Flow of blood**

# **In Disease → Heart Valves**

- **Cardiac muscle**
- **Has to generate Higher pressure**
- **To pump the flow of blood**

# Arteries Carry → Blood

- **Away from the heart**

# Veins Carry → Blood

- **Toward the heart**

# Arteries Carry → Blood

- All arteries carry → Oxygenated blood
- Except →
- Pulmonary Artery (Deoxygenated blood)

# Veins Carry → Blood

- **Deoxygenated blood → Toward the heart**
- **Except →**
- **Pulmonary Vein (Oxygenated Blood)**

# Clinical Physiology

- **Valvular Heart Disease :**
- **A defect or damage to one of 4 heart valves**
- **Mitral (Bicuspid) & Aortic (Semilunar)**
- **Frequently affected**

# Valvular Heart Diseases

- **Types →**
- **Stenosis**
- **Incompetence**

# Valvular Heart Diseases

- **Causes →**
  - 1. Congenital**
  - 2. Rheumatic Heart Diseases (RHD)**
  - 3. Bacterial endocarditis (SABE)**

# Stenosis → Valvular Heart Diseases

- **Valves → Hard**
- **Passage become → Narrow**
- **Restricts → Flow of blood out of the contracting chamber**

# Incompetence → Valvular Heart Diseases

- **Valves → Unable to close completely**
- **Leakage of blood →**
- **Back into the chamber after it has flown out**

# Structure of the Wall of the Heart

- **Wall of the heart has 3 layers:**
  - 1. Epicardium**
  - 2. Myocardium**
  - 3. Endocardium**

# Epicardium

- **Serous layer**
- **Covering the heart**

# Myocardium

- **Made up of cardiac Muscle cells**
- *“Involuntary”*

# Endocardium

- **Single layer of endothelial cells**
- **Lining**
- **Inner surface of the heart**

# Cardiac Muscles

- **Branching fiber**
- **With**
- **Centrally located nucleus**

# Cardiac Muscles

- **Adjacent fibers**
- **Connected by**
- **Intercalated Discs**

# Intercalated Disc

- **Cell membranes**
- **That separate Cardiac muscle cells**
- **From One another**

# Intercalated Disc

- **Electrical resistance through**
- **Intercalated Disc**
- **$1/400^{\text{th}}$  of Cardiac cell membrane**

# Intercalated Disc → Gap junctions

- **Specialized intercellular Connection**
- **Between adjacent fibers**
- **Offer → Low resistance to the passage of Ions**

# Functional Syncytium

- **Gap Junctions → Because of low resistance bridges**
- **The cardiac muscle fibers contract**
- **As Single functional Unit**

# Desmosomes → Intercalated Disc

- Provide → A site for adhesion
- Between 2 Cardiac muscle cells
- Help to transmit
- The Tension developed in one cell to other during contraction

# Functional Syncytium

- **2 Atria**
- **2 Ventricles**
- **Contract simultaneously**
- **As a single Unit**

# Cardiac muscle → Contractile Proteins

- **Actin and Myosin**
- **Arranged in a Sarcomere**
- **It has A-band, I-band**
- **H-band with M & Z -lines**

## Cardiac muscle → Sarcoplasmic Reticulum

- **NOT** well formed
- T- tubule → **Wider**
- T-tubule → **Located at the Z-line**
- T-tubule → **Located at A-I junction in the skeletal Muscle**

# Force of Cardiac muscle Contraction

- **Depends on →**
- **The Muscle load acting on the muscle fiber**

# Preload

- **If the load acting on the muscle fiber**
- **Before commencement of the contraction**
- **Elastic component present in series with contractile element → Stretched**

# Tension in → Preload

- Tension in the muscle →
- Increases till it is able to lift load
- Initial part of this contraction → Isometric

# Afterload

- **Tension at which**
- **The load is lifted by muscle**
- **During Afterload muscle contracts → Isotonically**
- **Without increase in the tension**

# Nerve supply to the Heart

- 1. Sympathetic nerves**
- 2. Parasympathetic nerves**

# Sympathetic Innervation

- **First five thoracic segments of the spinal cord**
- **T<sub>1</sub> to T<sub>5</sub>**
- **Arise → Stellate Ganglion**

# Preganglionic Fibers

- **Sympathetic Preganglionic fibers**
- **From T<sub>1</sub> to T<sub>5</sub> Thoracic segments**
- **Reach Superior, Middle, Inferior cervical ganglion → Sympathetic chain**

# Postganglionic fibers

- **Arising :**
- **Superior, Middle, Inferior cervical Ganglion**
- **Innervate: Heart**

# Noradrenergic Fibers

- **Terminate → Epicardial region**

# Sensation from Heart

- Carried by → Sympathetic fibers

# Cardiac sympathetic Nerve supplies

- 1. Sinoatrial (SA) node**
- 2. Atrioventricular (AV) node**
- 3. Muscles of Atria**
- 4. Muscles of Ventricles**

# Stimulation of sympathetic Nerves to Heart

- ***Increase* the Heart Rate (HR) →**
  - **Positive Chronotropic effect**
- **Increase the Force of contraction →**
  - **Positive Inotropic effect**

# Stimulation of sympathetic Nerves to Heart

- *Increase* the rate of conduction →
  - **Positive Dromotropic effect**
- *Increase* Excitability →
  - **Positive Bathmotropic effect**

# Mechanism of Action

- **Sympathetic stimulation →**
- **Release Epinephrine (Adrenaline)**

# Epinephrine → Inotropic Effect

- Epinephrine →  $\beta_1$ -adrenergic receptors
- Activates → Adenyl cyclase
- Enhances → Intracellular cAMP
- cAMP → Opening of Long lasting  $\text{Ca}^{2+}$  Channels
- Influx of →  $\text{Ca}^{2+}$  ions

# Epinephrine → Chronotropic Effect

- **Increasing Influx of  $\text{Ca}^{2+}$  ions → In to SA node**
- **Increase → Rate of spontaneous depolarization**
- **Reduce → Efflux of  $\text{K}^+$  ions**

# Epinephrine → AV node

- **Increases rate of impulse transmission**
- **Through AV node**

# Clinical Physiology

- 1. Glucagon**
- 2. Caffeine & Theophylline**
- 3. Digitalis**
- 4. Quinidine, Procainamide, Barbiturates**
- 5. Hypoxia, Hypercapnia, Acidosis**

# Glucagon → Positive Inotropic effect

- **Increases formation of cAMP**

# Caffeine & Theophylline

- **Positive *Inotropic* effect**
- **Prevent breakdown of cAMP**

# **Digitalis → Positive Inotropic effect**

- **Inhibiting  $\text{Na}^+$  -  $\text{K}^+$  ATPase pump**
- **In myocardium**

# Myocardial Contractility

- **Reduced by :**
  - 1. Quinidine**
  - 2. Procainamide**
  - 3. Barbiturates**
  - 4. Hypoxia, Hypercapnia, Acidosis**

# Parasympathetic Innervation

- **Through → Vagus nerve (X<sup>th</sup> CN)**
- **Preganglionic Parasympathetic fibers →**
- **Vagus nucleus**

# Parasympathetic Innervation

- **Preganglionic Parasympathetic fibers →**
- **Vagus nucleus**
- **Pass through → Cardiac nerve**
- **End in → Parasympathetic ganglion in the heart**

# Parasympathetic Innervation

- **Postganglionic Parasympathetic fibers →**
- **Parasympathetic ganglion in the heart**
- **Innervate → Heart**

# Noradrenergic Fibers

- **Terminate → Epicardial region**

# Vagal fibers

- **End in → Endocardial region**

# Right Vagus fibers → Supply

- **SA (Sinoatrial) node →**
- **Pacemaker**

# Left Vagus fibers → Supply

- **AV (Atrioventricular) node**

# No → Parasympathetic supply

- **Ventricles**

# Stimulation of parasympathetic Nerves to Heart

- ***Decrease* the Heart Rate (HR) →**
  - **Negative Chronotropic effect**
- ***Decrease* the Force of contraction →**
  - **Negative Inotropic effect**

# Stimulation of parasympathetic Nerves to Heart

- *Decrease* the rate of conduction →
  - Negative Dromotropic effect
- *Decrease* Excitability →
  - Negative Bathmotropic effect

# Athletes → Increase in Vagal Tone

- **Increase in Vagal Tone**
- **Reduces → Resting heart rate (HR)**

# Mechanism of Action

- **Stimulation of Vagus → Release Acetylcholine**
- **Acetylcholine acts on →**
- **Muscarinic receptors**

# Ach → Decrease Heart Rate

- Acts → Through → G-Proteins
- Opens → K<sup>+</sup> ion channels
- Promotes → Efflux of K<sup>+</sup> ions
- Cause → Hyperpolarization of membrane
- Decreases → Slope of Action Potential
- Reduces → Rate of impulse generation in SA node

# Left Vagus fibers → AV node

- **Stimulation → Left vagus**
- **Delays conduction of the impulse through**
- **AV node**
- **Negative dromotropic**

## **Ach → Reduce force of cardiac muscle contraction (Negative inotropic)**

- **Reducing → Intracellular cAMP**
- **Delaying → Opening of Ca<sup>2+</sup> ion channels**
- **Reducing → Influx of Ca<sup>2+</sup> ions**
- **Reduce force of contraction**
- **Negative Inotropic**

# Strong stimulation of Vagus

- **Stops → Heart for short duration**

# Vagal escape

- **Heart overcomes →**
- **Inhibitory effect on prolonged vagal stimulation**

# Vagal escape → Cause

- **The Atrioventricular node (AV node)**
- **Taking over generation of impulse**
- **After the inhibition of the SA node (Pacemaker)**

# Moderate tonic discharge

- **Cardiac sympathetic nerves**
- **At rest**

# Vagal Tone →

- **Considerable**
- **Tonic vagal discharge (Vagal tone)**
- **In humans and other large animals**

# Explain what will happen & why...?

- **After the administration of**
- **Muscarinic receptor antagonists**
- **Such as Atropine**

# Explain what will happen & why...?

- **The heart rate in humans**
- **Increases from 70 beats/min**
- **Its normal resting value,**
- **To 150–180 beats/min**

# Explain what will happen & why...?

- **Because**
- **The sympathetic tone is unopposed**

# Noradrenergic & Cholinergic blocked

- **The heart rate is approximately 100 beats/min**

# Clinical Physiology

- **Connections →**
- **Reciprocally inhibit →**
- **Sympathetic and Parasympathetic systems**

# Clinical Physiology

- **Acetylcholine (Parasympathetic systems)**
- **Acting in Presynaptic regions**
- **Reduces release of**
- **Norepinephrine (Sympathetic system)**

# Clinical Physiology

- **Neuropeptide Y →**
  - **Inhibits release of Acetylcholine**
- (Parasympathetic systems)**
- **From noradrenergic endings**

# Properties of Cardiac Muscles

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# Properties of Cardiac Muscles

- 1. Autorhythmicity**
- 2. Excitability**
- 3. Conductivity**
- 4. Refractory period**
- 5. All-or-none law**
- 6. Tone**
- 7. Contractility**
- 8. Staircase phenomenon**
- 9. Extrasystole with compensatory pause**

# 1. Autorhythmicity

- **Ability of the cardiac muscles**
- **To generate their own impulses**
- **Called → Autorhythmicity**
- **Without external stimulation**

## 2. Excitability

- **Responding property**
- **of the tissue**
- **To a stimulus**

# Action potential in Ventricular Muscle

- **Averages →**
- **About -105 millivolts**

# RMP in Ventricular Muscle fiber

- **– 80 to – 85 milliVolts**

# RMP → Myocardial Fibers

- Of approximately →  $-90$  mV
- [Ganong Review of Medical physiology 25<sup>th</sup> Edition

Chapter 29 Pg no:521]

## **Intracellular Potential Rises → + 20mV**

- **From a very negative value →**
- **About -85 millivolts**
- **Between Heart beats**
- **To a slightly positive value → During Each beat**
- **About +20 millivolts**

# Plateau

- **The excited membrane**
- **“Does not → Repolarize”**
- **Immediately → After depolarization**

# Potential remain on a Plateau

- **Near the peak of the spike potential**
- **For many milliseconds**

**Plateau last for → 0.2 - 0.3 sec**

- **And causes**
- **Contraction of heart muscle**
- **To last**
- **For this same long period**

# After Initial *Spike* → Membrane

- Remains → Depolarized
- For about → 0.2 second
- Exhibiting a “*plateau*”

# Cause of Plateau

- **Combination of several factors**
- **In heart muscle**

## Heart → Two types of channels contribute to the depolarization process

1. *Voltage-activated sodium ( $Na^+$ ) channels*
2. *Voltage-activated calcium-sodium ( $Ca^{2+}$  -  $Na^+$ ) channels*

# Voltage activated Na<sup>+</sup> Channel

- *Usual channel*
- *“Fast channel”*

# Voltage activated Na<sup>+</sup> Channel

- *Opening of → “fast channels”*
- **Causes**
- *The spike portion of the action potential*

# Voltage activated $\text{Ca}^{2+}$ - $\text{Na}^+$ Channel

- *“L-type calcium channels”*
- **Which are**
- **Slow to open called** → *“Slow channels”*

# Voltage activated $\text{Ca}^{2+}$ - $\text{Na}^+$ Channel

- *Prolonged opening (Slow Channel)*
- **Mainly allows**
- **Calcium ( $\text{Ca}^{2+}$ ) ions to enter → The fiber**

# Voltage activated $\text{Ca}^{2+}$ - $\text{Na}^+$ Channel

- **Largely responsible →**
- *The plateau portion of the action potential*

# Role of Voltage gated $K^+$ Channel

- *Slower opening of Voltage gated  $K^+$  Channel*
- **Delays → The return of the membrane potential**
- **Toward its Normal negative value**
- **Of  $-80$  to  $-90$  millivolts (RMP)**

# End of Plateau when →

- “Calcium-Sodium channels”
- Slow Channels → Close
- And
- Permeability to Potassium ions → *Increases*

# Importance of *Plateau*

- **Greatly prolongs the period of depolarization**
- **Ventricular contraction to last as much as**
- **15 times as long in → Cardiac muscle**
- **As in skeletal muscle**

# *Plateau F/b* → Repolarization

- **At the end of the plateau**
- **Action potential followed**
- **By abrupt *Repolarization***

# Phases of Cardiac Muscle Action potential

1. *Phase 0 (depolarization)*
2. *Phase 1 (initial repolarization)*
3. *Phase 2 (plateau)*
4. *Phase 3 (rapid repolarization)*
5. *Phase 4 (resting membrane potential)*

# Phase 0 → Depolarization

- *Fast sodium channels* → *Open*
- **When the cardiac cell is** → **Stimulated**
- **And depolarizes**
- **Membrane potential becomes** → **More positive**

# Phase 0 → Depolarization

- **Voltage-gated sodium channels**
- **Fast sodium channels → Open**
- **Permit Sodium → To rapidly flow into the cell**
- **And depolarize**

# Phase 0 → Depolarization

- **The membrane potential**
- **Reaches about +20 millivolts**
- *Before the sodium channels close*

# Phase 1 → Initial Repolarization

- *Fast sodium channels* → *Close*
- **The cell begins** → **To repolarize**
- **And  $K^+$  ions** → **Leave the cell**
- **Through** → **Open potassium ( $K^+$ ) channels**

# Phase 2 → Plateau

- **A brief initial repolarization**
- **There occurs plateaus**

# Phase 2 → Plateau

- *Calcium ( $\text{Ca}^{2+}$ ) channels → Open*
- *Fast potassium ( $\text{K}^+$ ) channels → Close*

# Phase 2 → Plateau

- **Increased → Calcium ion permeability**
- *Increased calcium ion influx*
- **Decreased → Potassium ion permeability**
- *Decreased potassium ion efflux*

## Phase 3 → Rapid Repolarization

- *Calcium ( $Ca^{2+}$ ) channels → Close*
- *Slow potassium ( $K^+$ ) channels → Open*

## Phase 3 → Rapid Repolarization

- **The closure of calcium ( $Ca^{2+}$ ) ion channels**
- *Increased potassium ( $K^+$ ) ion permeability*
- **Permitting**
- *Potassium ( $K^+$ ) ions to rapidly exit the cell*

## **Phase 4 → Resting Membrane Potential**

- **Ends the plateau**
- **Returns the cell membrane potential**
- **To its resting level (-80 to -90 mV)**

## Phase 4 → Resting Membrane Potential

- *Averages about → -90 millivolts*

## Phase 4 → Resting Membrane Potential

- *Ionic balance is restored by*
- *Sodium – Potassium ATPase pump*
- *Sodium – Calcium ATPase pump*

# Duration of Cardiac muscle Action Potential

- **200 – 250 ms**

# Action potential in Atrial Muscle

- **Ionic basis** → **Same as in Ventricular Muscle**
- **Duration of Plateau phase (Phase 2)** → **Shorter**
- **Repolarization phase (Phase 3) is** → **Prolonged**

# 3. Conductivity

- **Impulses generated by**
- **Pacemaker tissue → SA node → Sinoatrial node**
- **Spread to the entire Cardiac muscle with**
- **Conducting system of the heart**
- **Junctional tissue**

# 3. Conductivity

- **Presence of Gap-Junctions (Desmosomes)**
- **Between the cardiac muscle fibers**
- **Hasten → Movement of Ions**
- **Rapid spread of impulse**

# 4. Refractory period

- **Cardiac muscle**
- **Like all excitable tissue is**
- **Refractory to re-stimulation during the action potential**

# Normal Refractory period of Ventricles

- **0.25 to 0.30 second**
- **Which is about the**
- **Duration of the prolonged plateau action potential**

# Absolute Refractory Period

- **0.25 to 0.30 second → Period during**
- **Which the 2<sup>nd</sup> stimulus of**
- **Any intensity → Fails to produce a response**

# Absolute Refractory Period

- **Correspond to Major part →**
- **Long plateau phase →**
- **Of Cardiac Action potential**

# **Cardiac muscle** Can't be Tetanized

- **Because of**
- **Long Absolute Refractory period**
- **0.25 to 0.30 seconds**

# Relative Refractory Period

- **Additional**
- *Relative refractory period of about*
- *0.05 second*

## Relative Refractory Period (0.05 sec)

- **During which the muscle is** → *More difficult*
- **To excite than normal but nevertheless**
- *Can be excited by a very strong excitatory signal*

# Relative Refractory Period (0.05 sec)

- **2<sup>nd</sup> stimulus of Greater intensity**
- **Produce a → Response →**
- **Demonstrated by → Premature contraction**

# Relative Refractory Period

- **Corresponds to**
- **Last part of the repolarization**

# Refractory Period of → Atria

- **Much Shorter than Ventricular muscle**
- **About 0.15 second → For the Atria**
- **0.25 to 0.30 second → For the Ventricles**

# 5. All-or-None Law

- **When the cardiac muscle → Stimulated**
- **With “Threshold” stimulus**
- **It responds to its Maximum**

# 5. All-or-None Law

- **When the cardiac muscle → Stimulated**
- **Is Strength of Stimulus is → “Subthreshold”**
- **The muscle → Does not show any response**

# 5. All-or-None Law

- **Applies to**
- **The entire Cardiac muscle**

# 6. **Tone**

- **Partial contracted state of myocardium**
- **Without**
- **An external stimulus**

# 7. Contractility

- **Chemical changes**
- **Mechanical shortening of the muscle**
- **In response to a stimulus**

# 7. Contractility

- **Molecular basis**
- **For the cardiac muscle contraction**
- **Is similar to that of the skeletal muscle contraction**

# 8. Staircase Phenomenon

- Heart is stopped by →
- Stimulation of the → Vagus nerve
- X<sup>th</sup> - CN → Parasympathetic

# 8. Staircase Phenomenon

- **Heart is stopped by → Vagal Stimulation**
- **Later,**
- **Heart is allowed to → Beat again**
- **By withdrawing → Vagal stimulation**

# Withdrawing → Vagal Stimulation

- **Initial few contractions**
- **Shows**
- **An increase in the amplitude of contractions**
- **Termed as → *Staircase phenomenon***

# **1<sup>st</sup> Cause of Staircase Phenomenon**

- **Accumulation of  $\text{Ca}^{2+}$  ions released**
- **During the previous contraction**
- **Potentiating**
- **The effect of subsequent contractions**

## **2<sup>nd</sup> Cause of Staircase Phenomenon**

- **Decrease in the Viscosity of the muscle**

## **3<sup>rd</sup> Cause of Staircase Phenomenon**

- **Increase in temperature of the muscle**

## **3<sup>rd</sup> Cause of Staircase Phenomenon**

- **Increase in temperature of the muscle**
- **Enhances the enzymatic activity**
- **Improves contraction**

## 9. Extrasystole with Compensatory pause

- **When 2<sup>nd</sup> the stimulus**
- **Falls during any part of systole**
- **It has no effect**
- **Heart continuous to beat as before**

## 9. Extrasystole with Compensatory pause

- **When 2<sup>nd</sup> the stimulus**
- **Falls during Diastole**
- **The heart → Contracts immediately**

## 9. Extrasystole with Compensatory pause

- **This extra contraction called “Extrasystole”**
- **or Premature beat is followed by**
- **A pause called the**
- **“Compensatory pause”**

# Starling's Law

- **The force of contraction**
- **Is directly proportional**
- **To the initial length of the muscle fiber**
- **Within physiological limit**

# Starling's Law in respect to Heart

- **Greater the Preload (Venous Return)**
- **Greater the force of contraction**
- **Within physiological limit**

# Importance of Starling's Law

- **Helps to maintain the Cardiac Output**
- **Equally**
- **To both Right and Left sides of the heart**

# Importance of Starling's Law

- **In Case of Heart Failure**
- **The heart pumps out excess blood**
- **Which has accumulated during earlier contractions**
- **To reduce load on the heart**

# Molecular basis of Starling's Law

- **When muscle → Stretched**
- **Actin & Myosin are → Separated**
- **Exposing → Active binding sites**
- **On the Actin molecules**

# Molecular basis of Starling's Law

- **Exposing Active binding sites**
- **Increases the number of cross-bridges formed**

# Molecular basis of Starling's Law

- **Greater the number of cross-bridges formed**
- **Greater the force of contraction**

# Molecular basis of Starling's Law

- **Actin filament moves**
- **A longer distance in stretched muscle**
- **During contraction →**
- **Increase the force of contraction**

# Molecular basis of Starling's Law

- **When muscle stretched → Preload**
- **Resting metabolism → Increases**
- **Increase in temperature of the muscle**
- **Better enzymatic activity →**
- **Better force of contraction**